



Zoom Session – Advanced Care Planning Wednesday 17th February at 11am

What you can plan for, how to plan, forms you can use, how to know when the time is right, how to start the conversation.

Advance care planning is:

- Thinking about things you'd like to happen
- Thinking about what you don't want to happen
- Sharing your thoughts with others
- Making sure your wishes are known even if you can't speak up

For a carer Advance Care Planning with the person you care for means

- Knowing rather than guessing
- Being confident when telling others
- Avoiding making decisions at times of crisis

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Crossroads Together CarerLinks team are inviting you to a scheduled Zoom meeting:

Join Zoom Meeting - click link to join

<https://zoom.us/j/6305856966?pwd=Z1F2K3hudXc5b3lzTmcrNVR6T0hyZz09>

Meeting ID: 630 585 6966

Passcode: 7bThAu

First time on Zoom? - [Download Zoom Here](#)

If you have any queries before the session please call 0333 323 1990 or email help@crossroadstogether.org.uk

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