

Integrated Neighbourhood Team



Are you caring for someone?
Our team can help...



*I've had to reduce
my hours to care for
Dad, I don't know how
I will cope financially*

*I'm rarely able to
leave the house,
I feel so isolated*

*I wish someone could
help me, I'm exhausted*



Why we need to identify carers?

Caring can be very rewarding, but also very demanding and can affect physical and mental health and emotional wellbeing. Many carers are trying to work, study and look after other family members in addition to their caring responsibilities. It is important to ensure carers are aware of support available as early as possible.

Integrated Neighbourhood Team

Commissioned by:


The Pennine Acute Hospitals
NHS Trust

How we can help carers:

- By supporting carers to think about their own needs and plan action for change
- By listening and offering a range of services and support to help carers improve their health and well-being, including; 1:1 support, information, advice, advocacy and signposting
- By working in partnership to link carers with all other sources of help and support
- By offering support with applications for attendance allowance, carers allowance and blue badges

Contact
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