



A Statement from Crossroads Together Operations Director

Over 6.5 million people in the UK are unpaid carers and young carers supporting family, friends and loved ones.

At Crossroads Together, we support in excess of 4000 carers including young carers and recognise how isolating and lonely being a carer can be so in the current crisis we wanted the carers we support to know they are not alone.

Since the Coronavirus pandemic lockdown, the organisation has made the decision to put a system in place to support our carers even if we were unable to see them face to face.

A team of staff and volunteers have been making regular weekly welfare calls to all the carers we support, who are either self-isolating, shielding or not receiving care services during this difficult time.

We are offering support and advice over the telephone, ensuring any carer struggling or at risk of crisis receives the appropriate support to ensure they do not reach carer breakdown.

Just a call and a chat from a person the carer knows can help raise their spirits and lift their mood, to feel supported and help towards them feeling valued and recognised for the unpaid work they do every day.

At Crossroads Together, we recognise the contribution carers make to their families, friends, local communities, workplaces and society, and we pledge to continue having positive conversations and listen whilst offer ongoing support with information, signposting and advice.

Christine Aspin, Operations Director



**We're supporting
Carers Week 8 - 14 June**