Carers Week - 8th June to 14th June 2020

This year the theme is 'Making Caring Visible'.

People across the country are continuing to face new challenges as a result of the Covid-19 outbreak. Many people are taking on more caring responsibilities for their relatives and friends who are disabled, ill or older and who need support.

They need to be recognised for the difficulties they are experiencing , respected for all they are doing and provided with information, support and understanding.

Caring impacts on all aspects of life from relationships and health to finances and work and these impacts should not be underestimated; carers are facing even more difficult circumstances this year. Whilst many feel that caring is one of the most important things they do, its challenges should not be underestimated. Caring without the right information and support can be tough.

This year, due to the limitations that Covid-19 brings, there will be no events celebrating carers. Our CarerLinks team of Carer Advisors have decided to put together some care packages for our carers which we will deliver (socially distancing) throughout carers week to our carers as a way of saying 'Thank you' & 'You are amazing'.

We are looking for donations, small or large, anything will be gratefully received, ideally something that carers can use during lockdown. A few examples would be toiletries, games, activities, reading materials or even some lovely flavoured teas and biscuits as a treat. We are also looking for raffle prizes that can also be used by carers at a later date.

To kick us off, the fabulous team at **Experience Days** have donated a £50 gift certificate that we can use as a raffle prize. Thank you!

Carers matter. It is so important the contribution carers make to their families and local communities is recognised. We hope this small gesture will go someway to make our carers feel supported and valued.

Please get in touch if you can help by calling 07341 562011 or emailing maureen.williams@crossroadstogether.org.uk